







Metalsmithing & Jewelry Making

Learn about metals, mining, casting and jewelry making techniques in these fun, educational classes taught by an instructor with 40 years of experience teaching silversmithing! All materials included in course fee.

Instructor: Don & Kay Norris, Silver Creations

Location: St Vrain Memorial Building, 700 Longs Peak Ave

New! **Beginning Silversmithing**

This is a comprehensive class in Silversmithing and jewelry making. Each student will design a ring or pendant, make a bezel, solder the ring together, including a 3 wire ring band or bail for the pendant.

Apr 12-May 10, Tue, 2-5pm 16 & up: 247344.A

\$300 resident/\$375 non-resident Fee:

Simple Silversmithing

Make your own sterling silver pendant! Design your own pendant with your choice of colored stone. Don will help you design your pendant, then solder it together for you. 20 inch Sterling Silver chain provided.

Apr 12, Tue, 6-8:30pm 247340.A 16 & up:

May 10, Tue, 6-8:30pm 247340.B May 31, Tue, 6-8:30pm 247340.B

Fee: \$50 resident/\$62.50 non-resident

Simple Rock Wrapping

Make simple pendants and necklaces using wire, stones and copyrighted Rock Wraps. Each student will make two Sterling Silver wrapped pendants and some copper pieces. Learn about the properties of silver and copper and the stones used. All materials included in course fee, including 20 inch Sterling Silver chain.

16 & up: Apr 19, Tue, 6-8:30pm 247341.A

Fee: \$40 resident/\$50 non-resident

Pewter Casting

Cast a pewter hummingbird and flower or butterfly and rose in this unique, educational class! Display your bird or butterfly as a hanging ornament or cast a flower (for an additional \$10 fee) to pair as a beautiful sculpture. Instructor will discuss the history of pewter casting, mining tradition and how he sculpts the molds used for casting.

16 & up: Apr 26, Tue, 6-8:30pm 247342.A May 17, Tue, 6-8:30pm 247342.B

Fee: \$45 resident/\$56.25 non-resident

Pine Needle Casting

Cast your own pure silver pendant! Melt pure silver, pour it into a bundle of pine needles, then look closely to find your unique pendant. No two pendants are ever alike. Polish your pendant, then wear it home on the provided 20 inch sterling silver chain.

May 3, Tue, 6-8:30pm 16 & up: 247343.A

May 24, Tue, 6-8:30pm 247343.B

\$49 resident/\$61.25 non-resident Fee:

Senior Services

Uncovering the Goldmine of Local Resources

The Boulder County Aging and Disability Resources for Colorado (ADRC) program serves as one point of access for older adults, adults with disabilities, and caregivers seeking information, referral, and options counseling for either short or long-term services and support.

Date: Jan 27, Wed, 10-11am 184510 Location: Longmont Senior Center, 910 Longs Peak Ave Fee: FREE, but please register in advance

Mixed Media Illustrations

Learn to create illustrations my mixing mediums. You will be learning to use a combination of watercolor and colored pencils or pen & ink and watercolor.



Date: Feb 3-24, Wed, 1:30-3:30pm Longmont Senior Center, 910 Longs Peak Ave Location:

\$38.00 resident/ \$45.00 non-resident Fee:

Beginning Recorder Classes

Playing a musical instrument is a great way to keep your mind sharp, and it's never too late to start! The recorder is a beautiful instrument much loved by great composers such as Bach and Handel. We will begin with the basics of reading music and start with just a few notes, so no previous experience is necessary. Please bring a soprano or an alto recorder, as well as \$20 to cover your instruction book and CD, written and provided by the instructor. *No class Dec 24 or 31.

Dates: Dec 3-Feb 25*, Thurs, 1-2pm 184119 Location: Longmont Senior Center, 910 Longs Peak Ave

Fee: \$44.00 resident/\$52.00 non-resident

Cabinets of Curiosity

People have been collecting interesting stuff for centuries. Why we collect and how our collections have evolved over time into some of today's best museums will be today's topic for discussion. Presented by Elizabeth Nosek.

Date: Feb 24, Wed, 1-2:30pm 184425 Location: Longmont Senior Center, 910 Longs Peak Ave

\$5.00 resident,/\$6.00 non-resident Fee:

Winter/Spring 2016 | www.LongmontColorado.gov



Senior Services

is a Division of the Citv's **Community Services Department**

910 Longs Peak Ave | 303-651-8411 Office Hours: Monday - Friday, 8 am - 5 pm LongmontColorado.gov/senior-services email: senior@LongmontColorado.gov

Division of Senior Services offers recreation, informational programs, resource guidance, and services for those 55 years plus.

Registration

Please register in advance for all programs, classes, events, and trips. Our 52 page complete GO Catalog and Resource Guide can be found online at www.LongmontColorado.gov/senior-services or you may pick one up at the Senior Center. The catalog includes more complete information about the programs listed here.



Resources and Supportive Services

Senior Services Division staff provides information and referral to older adults and caregivers of older persons regarding a wide array of resources and services including; housing, in home services, financial support programs, and many others. Professional counseling staff and peer counselors provide one on one and group support. Resource staff; Veronica Garcia at 303-651-8716 or Amy Loberg at 303-774-4372 and Counseling staff; Brandy Queen at 303-651-8414. Specific support activities are detailed in the quarterly GO catalog and often include programs such as Advanced Directives and Medicare Basice. Support groups for Grandparents raising grandchildren, Parkinsons, Grief, and Caregivers.

Senior Computer Technology Center

A computer and technology learning program for adults 50+. Group classes and one on one support are both available for a wide variety programs in Microsoft products, Windows, Genealogy, Apple products, e-readers, tablets, cell phones, and other new and emerging products and software. The quarterly GO catalog details opportunities.



Here is a sampling of some of our recreation and resource education sessions:

Dances on Thursday Evening

Both singles and couples enjoy the fun. Genre: BR - Ballroom, P - Polka, CW - Country, Western, W - Waltz, L-Latin, S-Swing, BB - Big Band, LD - Line dance, most can play most requests. No dance on Dec 24 or 31.

Day/Time: Thursday, 7-10pm

Location: Longmont Senior Center, 910 Longs Peak Ave

Fee: \$4.00 per person

Dec 10 Terry Narona, CW, BR, S, W, LD

Dec 17 Jim Ehrlich BR, P, S, W Jan 7 Jim Ehrlich BR, P, S, W

Jan 14 Harris and Harris CW, BR, S, W, LD Jan 21 Terry Narona, CW, BR, S, W, LD

Jan 28 Tom Yook, BR, BB, L, S, W

Feb 4 Darrell Sullivan, BR, CW, 50s, L, W, LD, S **Feb 11** Harris and Harris, CW, BR, S, W, LD

Feb 18 Jim Ehrlich BR, P, S, W

Feb 25 Big Twang Theory, BR, CW, 50s, L, W, LD, S

Lighting Up the Holidays, A History

Examine just how the custom of draping our houses both inside and out with strings of colored lights evolved over the years. Presented by Elizabeth Nosek.

Dec 16, Wed, 1-2:30pm Date: Longmont Senior Center, 910 Longs Peak Ave Location:

\$5.00 resident/\$6.00 non-resident Fee:

Valentine's Dance with the Colorado Swing Cats

This group offers a variety of music including roaring 20s, big band era swing, blues, traditional dance music, and contemporary popular music with vocals. With or without a sweetheart, come and join the fun, listen to great music. dance and socialize with others. Sponsored by the Friends of the Longmont Senior Center.

Date: Feb 14, Sat, 2-4pm 183008.11 Location: Longmont Senior Center, 910 Longs Peak Ave Fee: Free, must register in advance, limited seating.

Live Your Life with Passion and Purpose

Are you longing for greater joy and meaning in your life? Even if things are "pretty good," would you like to be living with more passion and purpose? If so, you'll enjoy this two-hour interactive session with a mother daughter team leading you through coaching-style exercises. We'll be using a Life Balance Wheel as the first step toward setting some personal goals for the coming year. Presented by Judith Blackburn, retired Women's Studies Professor, and Kate Johnson, Life Coach and Artisan Cheese-making Instructor.

Date: Jan 25, Mon, 1:30-3:30pm 185027.00 Location: Longmont Senior Center, 910 Longs Peak Ave

Fee: \$15.00 resident/ \$18.00 non-resident

Mother Goose

There is more to M. Goose than meets the eye. Join Elizabeth Nosek in taking a closer look at the beloved folk tales and the person or persons behind them.

Date: Jan 27, Wed, 1-2:30pm 184424.00 Location: Longmont Senior Center, 910 Longs Peak Ave

Fee: \$5.00 resident/\$6.00 non-resident